

## Faculty:

Mr Mark Bowditch, Ipswich Prof Tim Briggs, Stanmore Mr Steve Cutts, Great Yarmouth Mr John Crawford, Cambridge Mr Chris Gooding, Cambridge Mr James, Hopkinson-DWoolley, Cambridge Mr Phil Johnston, Cambridge Mr Wasim Khan, Cambridge Mr Jeh Mahaluxmivala. Harlow Prof Andrew McCaskie, Cambridge Mr Stephen McDonnell, Cambridge Mr Joel Melton, Cambridge Mr Alan Norrish, Cambridge Mr Andreas Rehm, Cambridge Mr Fred Robinson, Cambridge Mr Graham Tytherleigh-Strong, Cambridge Ms Kuldeep Stohr, Cambridge Mr Krish Vemulapalli, London Mr Jeya Palan, Leicester

## Orthopaedic Research UK

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UK Registered Charity No. 1111657



Magdalene College

Cripps Court, Magdalene College, 1-3 Chesterton Road, Cambridge, CB4 3AD

#### By train:

The nearest station is 2 miles away. The fastest trains (the Cambridge Cruiser from King's Cross) take only 48 minutes. Cross country rail services link Cambridge with the Midlands and the North, via Birmingham. It takes just under 40 minutes to walk from the station to Cripps Court, and approximately 15 minutes via taxi.

### By car:

Coming from the North: Follow the A1 southbound towards Cambridge. The A1 will turn in to the A14. Follow the signs for Cambridge City Centre.

Coming from the South: Head Northbound up the M11 until Junction 13. Turn Right on to Madingley Road. This will lead you in to Cambridge.

### Car parking:

Please note that unfortunately there isn't any parking available at Magdalene College.

The nearest multi-storey car park is at Park Street, details can be found on the following website http://www.cambridge.gov.uk/ccm/ navigation/transport-and-streets/

- @OR\_UK
- /Orthopaedic-Research-UK
- in Orthopaedic Research UK

Cambridge basic science FRCS (orth) course

Organised jointly by Addenbrooke's Hospital and Orthopaedic Research UK



Cambridge University Hospitals



# 16-18 March 2016 Venue: Cripps Court, Magdalene College, Cambridge

Course convenor: Mr Vikas Khanduja MA, MSc, FRCS (Orth)

CPD: 14 credits (applied for)





# Cambridge basic science FRCS (orth) course

16-18 March 2016

Venue: Cripps Court, Magdalene College, Cambridge

# CPD: 14 credits (applied for)

Course convenor: Mr Vikas Khanduja MA, MSc, FRCS (Orth)

## Educational aims and objectives

# **Registration fees**

Lectures only: £300

Lectures and vivas: £495

Registration with ORUK is

for research funding. It also

brings other benefits, which

include registering online for

Registration is free and open

essential before applying

our educational events.

to all, join online here:

www.oruk.org/register

Aimed at trainees who are in their earlier years of training and those preparing for the FRCS (Tr & Orth) examination. This course is also suitable for consultant orthopaedic surgeons in practice who wish to refresh their knowledge in orthopaedic basic sciences.

The course is designed to provide delegates with a comprehensive update on all topics that are assessed in the examination and are clinically relevant. The course includes interactive lectures as well as mock vivas, thus providing delegates ample time to gain knowledge and also refine their examination technique.

| Day 1 | Wednesday 16 March                          | Lecturer  |
|-------|---|---|
| 09:30 | Registration and refreshments               |   |
| 09:55 | Introduction and welcome                    | Mr Vikas Khanduja, Cambridge  |
| 10:00 | Candidate's view of the exam                | Mr Jeya Palan, Leicester  |
| 10:20 | Examiner's guide to vivas                   | Mr Vikas Khanduja, Cambridge  |
| 10:40 | Metabolic bone disease                      | Mr Philip Johnston, Cambridge   |
| 11:00 | Nerve and nerve conduction studies          | Mr Philip Johnston, Cambridge   |
| 11:20 | Refreshments                                |   |
| 11:40 | Gait  | Mr Andreas Rehm, Cambridge  |
| 12:00 | Genetics                                    | Mr Andreas Rehm, Cambridge  |
| 12:20 | Basic biomechanics                          | Mr Alan Norrish, Cambridge  |
| 12:40 | Biomechanics of fracture fixation           | Mr Alan Norrish, Cambridge  |
| 13:00 | Basic science of the spine and biomechanics | Mr John Crawford, Cambridge   |
| 13:45 | Lunch                                       |   |
| 14:30 | Vivas                                       | These will be led by faculty members,<br>delegates will be split into four groups |

Thursday 17 March 07:30 Refreshments 08:00 Imaging Mr Joel Melton, Cambridge 08:20 Bone structure Mr Lee Van Rensburg, Cambridge 08:40 Bone healing Mr Lee Van Rensburg, Cambridge 09:00 Bone dysplasias Ms Kuldeep Stohr, Cambridge 09:20 Biomaterial behaviour and biomaterials in arthroplastv Mr Chris Gooding, Cambridge 09:50 Tribology and corrosion Mr Chris Gooding, Cambridge 10:20 Refreshments 10:50 Biomechanics of the native and replaced knee Mr Joel Melton, Cambridge 11:30 Biomechanics of the hip Mr Jeh Mahaluxmivala. Harlow 11:50 Mechanics of hip impingement Mr Vikas Khanduja, Cambridge 12:10 Statistics Mr Stephen McDonnell, Cambridge 12:30 Articular cartilage and meniscus Mr Mark Bowditch, Ipswich 13:15 Lunch These will be led by faculty members, 14:00 Vivas delegates will be split into four groups

16:30 Close of day

DAY 2

| Day 3 | Friday 18 March                          | Lecturer   |
|-------|--|--|
| 07:45 | Refreshments                             |  |
| 08:00 | Orthotics                                | Mr Fred Robinson, Cambridge  |
| 08:30 | Foot and ankle biomechanics              | Mr Krish Vemulapalli, London   |
| 08:50 | Limb development and growth plate        | Mr James Hopkinson-Woolley, Cambridge  |
| 09:20 | Orthopaedic oncology for the FRCS (Orth) | Prof Tim Briggs, Stanmore  |
| 10:00 | Tendon and ligament                      | Mr Graham Tytherleigh-Strong, Cambridge  |
| 10:30 | Muscle                                   | Mr Wasim Khan, Cambridge   |
| 10:45 | Refreshments                             |  |
| 11:15 | Infection and operating room design      | Mr Vikas Khanduja, Cambridge   |
| 11:35 | Prosthetics                              | Mr Jeh Mahaluxmivala, Harlow   |
| 12:00 | Regenerative therapies in orthopaedics   | Prof Andrew McCaskie, Cambridge  |
| 12:30 | Lunch                                    |  |
| 13.30 | Vivas                                    | These will be led by faculty members, delegates will be split into four groups |

16:00 Close of course

16:30 Close of day