

Supported Return to Training (SuppoRTT)



A new initiative that aims to provide support to Junior Doctors returning to their training programmes.

Trainees are now required to complete an individualised SuppoRTT plan and participate in structured planning and review meetings when leaving and returning to training with their Training Programme Director (TPD)/College Tutor.

Please [Click Here](#) for an overview of the SuppoRTT planning process.

The SuppoRTT Plan can be downloaded from the HEE, EoE website ([Click Here](#))

Did you know? There are 3 stages to the SuppoRTT plan: Part 1 when you go out of programme, Part 2 when you return and Part 3 a review 2 weeks after your return date.

SuppoRTT Plans

Enhanced Shadowing

In order to rapidly regain clinical knowledge and confidence, doctors meeting SuppoRTT criteria will be strongly encouraged to participate in a period of 'Enhanced Shadowing' for 2 weeks prior to their return date. During this 2 week period, trainee's will:

- Be surplus to the rota at their employing Trust.
- Participate in closely supervised work and by the end of the period trainees should be working at a level commensurate with re-entry into the training programme.
- Be able to work a 2 week period which can be on a pro-rata basis for LTFT.
- Be paid via the usual pay mechanisms.

If there are no suitable local courses available, there may be a small amount of funding available for returners requiring further development of a specific skill set to attend external courses. Further information can be found on the SuppoRTT pages of the website ([Click Here](#))

In order to apply for additional funding, you must complete the [SuppoRTT Funding Request](#) form prior to attending the course.

SuppoRTT Funding

That's not all: There are many methods in which we can offer support during your return to training. Please do take the time to visit the [SuppoRTT pages of the HEE, EoE website](#), and if you have any queries, please contact the SuppoRTT Project Officer by emailing: SuppoRTT.eoe@hee.nhs.uk

URL: https://heeo.ee.nhs.uk/supportt_home