



Saïd Business School
Park End Street
Oxford
OX1 1HP

By train:

Park End Street venue is located adjacent to the train station. There is a direct mainline service between Oxford, London and Birmingham. From Heathrow Airport there is a fast train link to London Paddington which connects directly with services to Oxford

Park and ride:

Oxford offers an excellent Park and Ride system, with 5 sites providing excellent access to the city centre. Visit the Park and Ride website for more information.




Coach from London, Heathrow or Gatwick:

There is a regular coach service (X70) from both airports to Oxford city centre. Taxis are available at the Gloucester Green Bus Station, although Park End Street is just a short walk away. Visit the Oxford Bus website for more information.

By car:

The venue does not recommend travelling by car, but if you need to there are car parks in the city centre.

Oxpens car park, postcode: OX1 1RQ
Worcester Street car park, postcode: OX1 2BQ
Gloucester Green car park, postcode: OX1 2BN
For Sat Nav devices please use: 'OX1 1HP'.

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Orthopaedic Research UK

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Hand surgery FRCS (Orth) revision course

Organised jointly by Oxford Hand Surgery Training Centre and Orthopaedic Research UK



21—22 March 2019

Venue: Saïd Business School, Oxford



Course convenor: Mr Nicholas Riley,
Consultant Hand and Wrist Surgeon,
Nuffield Orthopaedic Centre, Oxford

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Educational aims and objectives

This course is designed to impart the knowledge and skills required to pass the hand surgery section of the FRCS (Orth) exam. This will include a comprehensive lecture programme covering the core components and key topics of the exam. Mock clinical examination stations with invited patients will provide an opportunity to refine examination skills under the guidance of experienced hand surgeons.

The viva component will simulate exam conditions for the delegates, with the opportunity for feedback and tailored teaching.

By the end of the course, delegates will be familiar with all of the key high yield topics relevant to the hand surgery station, including:

- Relevant functional anatomy
- Degenerative conditions of the hand and wrist
- Contemporary management of scaphoid and distal radius fractures
- Carpal instability including SLAC and SNAC
- Key papers in hand surgery
- Common radiological abnormalities seen on x-ray, CT and MRI
- Management of soft tissue defects around the hand and wrist
- Peripheral nerve injury and entrapment
- Tendon injuries

Registration fees

Lectures with vivas and clinicals: £375

Lectures only: £275

We only have 21 spaces available for the full course, so please ensure you book early to avoid disappointment.

Registration with ORUK is essential before registering online for our educational events. It also brings other benefits, which include applying for research funding.

Registration with ORUK is free and open to all, join online here: **www.oruk.org/register**

Course overview (Day 1)

Thursday 21 March 2019

08:00 Registration and refreshments

08:20 Welcome

08:30 Dupuytren's

Mr Nicholas Riley, Consultant Hand and Wrist Surgeon, Nuffield Orthopaedic Centre, Oxford

09:15 Ulnar sided pathology

Mr Chris Little, Consultant Hand and Wrist Surgeon, Nuffield Orthopaedic Centre, Oxford

10:00 Evidence based hand surgery

Mr Ben Dean, Trainee Interface Group Fellow, Wrightington Hospital

10:45 Refreshments

11:00 Infection and compartment syndrome

Mr Nicholas Riley, Consultant Hand and Wrist Surgeon, Nuffield Orthopaedic Centre, Oxford

11:45 Scaphoid fracture and nonunion

Mr Chris Little, Consultant Hand and Wrist Surgeon, Nuffield Orthopaedic Centre, Oxford

12:30 Carpal instability

Mr Ramon Tahmassebi, Consultant Orthopaedic Surgeon, King's College Hospital London

13:15 Lunch

14:00 Plastic surgery for the FRCS

Mr Mike Lamyman, Consultant Hand and Plastic Surgeon, Oxford University Hospitals NHS Foundation Trust

14:45 Tendon injuries

Mr Onur Berber, Consultant Hand & Wrist Surgeon, Broomfield Hospital

15:30 Refreshments

15:45 Clinicals

17:30 Close of day

Clinical viva faculty

Mr Onur Berber, Consultant Hand & Wrist Surgeon, Broomfield Hospital

Mr Ben Dean, Trainee Interface Group Fellow, Wrightington Hospital

Ms Alex Hazlerigg, Senior Hand Surgery Registrar, Oxford University Hospitals NHS Foundation Trust

Mr Mike Lamyman, Consultant Hand and Plastic Surgeon, Oxford University Hospitals NHS Foundation Trust

Mr Chris Little, Consultant Hand and Wrist Surgeon, Nuffield Orthopaedic Centre, Oxford

Mr Nicholas Riley, Consultant Hand and Wrist Surgeon, Nuffield Orthopaedic Centre, Oxford

Mr Ramon Tahmassebi, Consultant Orthopaedic Surgeon, King's College Hospital London

Course overview (Day 2)

Friday 22 March 2019

08:00 Refreshments

08:15 Clinical examination of the hand and wrist

Ms Alex Hazlerigg, Senior Hand Surgery Registrar, Oxford University Hospitals NHS Foundation Trust

09:00 Radiology for the FRCS

Ms Karen Partington, Consultant Musculoskeletal Radiologist, Oxford University Hospitals NHS Foundation Trust

09:45 Hand trauma

Mr Onur Berber, Consultant Hand and Wrist Surgeon, Broomfield Hospital

10:30 Refreshments

10:45 CMCJ

Ms Michelle Spiteri, Consultant Hand and Wrist Surgeon, Oxford University Hospitals NHS Foundation Trust

11:30 Rheumatoid hand

Mr Nicholas Riley, Consultant Hand and Wrist Surgeon, Nuffield Orthopaedic Centre, Oxford

12:15 Anatomy of the hand and wrist

Mr Tom Cosker, Consultant Sarcoma Surgeon, Nuffield Orthopaedic Centre, Oxford

13:00 Lunch

13:45 Distal radius fractures

Mr Bob Handley, Consultant Trauma Surgeon, Oxford University Hospitals NHS Foundation Trust

14:30 Compression neuropathies

Ms Michelle Spiteri, Consultant Orthopaedic Surgeon, Oxford University Hospitals NHS Foundation Trust

15:15 Refreshments

15:30 Vivas

Viva Faculty

Mr Tom Cosker, Consultant Sarcoma Surgeon, Nuffield Orthopaedic Centre, Oxford

Mr Onur Berber, Consultant Hand & Wrist Surgeon, Broomfield Hospital

Mr Bob Handley, Consultant Trauma Surgeon, Oxford University Hospitals NHS Foundation Trust

Ms Alex Hazlerigg, Senior Hand Surgery Registrar, Oxford University Hospitals NHS Foundation Trust

Mr Chris Little, Consultant Hand and Wrist Surgeon, Nuffield Orthopaedic Centre, Oxford

Mr Nicholas Riley, Consultant Hand and Wrist Surgeon, Nuffield Orthopaedic Centre, Oxford

Ms Michelle Spiteri, Consultant Hand and Wrist Surgeon, Oxford University Hospitals NHS Foundation Trust

This course is kindly supported by

