

Cambridge Trauma & Orthopaedic Club Annual Meeting

Academic Programme

Dear Friends,

It gives us immense pleasure to welcome all of you to the Cambridge Trauma & Orthopaedic Club Annual Meeting which will be held on Friday, 29th of March 2019 at the Riley Auditorium in Clare College - Academic Meeting & the Dinner in the Great Hall in Clare College as well.

We are pleased to announce the academic programme for the event which promises to be both educationally stimulating and socially rewarding.

Building on our success from last year, we have decided to continue with the format of inviting Key Opinion Leaders from around the globe who are excellent trainers to support the educational content of our meeting. The philosophy behind this is to enhance the links between these individuals and their organisations abroad to ensure our trainees are able to secure sub-speciality Fellowships in these institutions and the Consultant body is able to learn from their experience as well.

To this effect, we are honoured to have Prof. Mohit Bhandari from Canada, Prof. Matt Costa from Oxford, Prof. Martin Beck from Switzerland, Mr. Bob Crawford from Norwich and Dr. Adam Kay from UK speaking at our meeting.

Next, we will continue with a maximum of 10 oral presentations from the SpRs so that the 'best of the best' are presented and debated on this day and the highly competitive and lively "JAM - Just A Minute" session continues with 10 presentations as well. This will involve the trainee presenting their work for 1 minute with 1 slide! Finally, we have quite a few medical students from Cambridge working on research projects and to support their work, we have a separate section of the 5 best papers from the medical students which will also carry the best paper award. So all in all, we should have a rewarding Academic day.

The evening dinner has been planned by this year's President, Mr. Mark Latimer and the Cambridge Trauma & Orthopaedic Club Secretary, Mr. Arman Memarzadeh. The dinner will be held in the Great Hall at Clare College in Cambridge commencing at 1900 hrs and we have a fantastic evening in store for you.

Further details for the event and details for registration and payment of the evening meal are available on the website: www.cambridgeorthopaedicclub.co.uk.

We have had a great time putting this programme together for you and we cordially welcome all of you to Cambridge for this event.

Very Best Wishes,

Vikas Khanduja MA, MSc, FRCS (Orth), Consultant Orthopaedic Surgeon, Addenbrooke's
Mark Latimer FRCS (Orth), Consultant Paediatric Orthopaedic Surgeon, Addenbrooke's
Arman Memarzadeh FRCS (Orth), SpR, West Suffolk Hospital, Bury St Edmunds

Cambridge Trauma & Orthopaedic Club - Annual Meeting



Date

Friday, 29th March 2019

Venue

*Academic Meeting
Riley Auditorium, Clare College
Cambridge CB3 9AJ*

Time

0830 to 1700 hrs

Organisers

*Vikas Khanduja MA, FRCS (Orth)
Addenbrooke's Hospital, Cambridge
Academic Chairman, CTOC*

*Mark Latimer FRCS (Orth)
Addenbrooke's Hospital, Cambridge
President, CTOC*

*Arman Memarzadeh FRCS (Orth)
West Suffolk Hospital, Bury St Edmunds
Secretary, CTOC*

Dinner

*The Great Hall
Clare College
Cambridge CB3 9AJ*

Dress Code

Black Tie

Time

1900 hrs onwards

Further Information & Registration

<http://www.cambridgeorthopaedicclub.co.uk>

Invited Speakers

Prof. David Beck - Switzerland

Prof. Mohit Bhandari - Canada

Prof. Matt Costa - Oxford, UK

Mr. Robert Crawford - Norwich, UK

Dr. Adam Kay - UK

Programme - Riley Hall, Clare College

Time	Topic	Moderator	Speaker
830	Coffee & Registration		
855	Welcome & Introduction		Mr. Vikas Khanduja - Cambridge Mr. Arman Memarzadeh - Bury
900	President's Welcome		Mr. Mark Latimer - Cambridge
910	Review of TPD & Head of School of Surgery		Mr. Phil Johnston - Cambridge Mr. Mark Bowditch - Ipswich
930	Review of Educational Plan		Mr. Niel Kang
940	Review of CTOC Review of ORCA Review of SUPPORT Review of Mentoring Scheme Role of SICOT in supporting an EoE Trainee		Mr. Arman Memarzadeh Ms. Rumina Begum Ms. Lynette Spalding Ms. Pam Garcia Mr. Sunil Kumar
1000	Free Papers - Session 1 - Registrars	Mr. Jim Wimhurst Mr. Jeh Mahaluxmivala	5 papers - 5 minutes each with 2 minutes discussion
1045	Why Bother With Large Multi-centre Trials?	Mr. Lee Van Rensburg	Prof. Matt Costa, UK
1115	Coffee Break & Poster Viewing		
1145	Think Bigger: A New Paradigm of Evidence Based Orthopaedics	Mr. Vikas Khanduja	Prof. Mohit Bhandari - Canada
1215	Free Papers - Session 2 - Medical Students'	Mr. Stephen McDonnell Mr. Wasim Khan	5 papers - 5 minutes each with 2 minutes discussion
1300	Lunch Break & Poster Viewing		
1400	Free Papers - Session 3 - Registrars	Mr. William Schenck Mr. Emmet Griffiths	5 papers - 5 minutes each with 2 minutes discussion
1445	The Bernard Meggitt Lecture	Mr. Arman Memarzadeh Mr. Am Rai	Mr. Robert Crawford - Norwich
1515	Assessment and Treatment of Borderline Dysplastic Hips	Prof. Andrew McCaskie	Prof. Martin Beck - Switzerland
1545	Coffee Break & Poster Viewing		
1615	JAM Session	Mr. Satish Kutty Mr. Phil Hopgood	10 papers, 10 minutes, 1 Question each
1630	This is Going to Hurt!	Mr. Mark Latimer	Dr. Adam Kay - UK
1700	Prizes and Closure		Mr. Vikas Khanduja - Cambridge

Invited Speaker Biographies



Mohit Bhandari - McMaster University, Canada

Dr. Bhandari currently serves as Professor and Academic Head of the Division of Orthopaedic Surgery at McMaster University. He is a designated, University Scholar, at McMaster, to recognize his excellence in as an academic surgeon and scientist. It is a title held by less than 10 individuals within the entire University. He is the Associate Chair of Research in the Department of Surgery and holds a Canada Research Chair in Evidence-Based Orthopaedics-the only chair of its kind in Canada. He received his Masters Degree in Health Research Methodology from McMaster University and his PhD Degree from Goteborg University (Sweden). He is recognized a global leader in evidence-based surgery and orthopaedic research receiving the fields highest awards including the Royal College of Physicians and Surgeons Medal, the Edouard Samson Award, and the Kappa Delta Award. He has been acknowledged among the top 10 most cited orthopaedic fracture surgeons in the world. To this end, Dr. Bhandari has published over 1000 papers and has lead edited several of his field's major research textbooks, including the best seller "Evidence-Based Orthopaedics". Receiving over 50 million dollars in research funding over his career, Dr. Bhandari's commitment to evidence-based practice, high quality globally relevant research and translation of evidence to patient care has garnered him recent induction into the Province of Ontario's highest civilian honor: the Order of Ontario and most recently the Canada's highest honor-The Order of Canada. He also has been awarded the Canadian Orthopaedic Association's Award of Merit, and McMaster University's Distiguished Alumni Award and the College of Physicians and Surgeons of Ontario's Council Award for Outstanding Achievement.



Martin Beck - Luzern, Switzerland

Martin Beck graduated in 1989 from Medical school in Berne, Switzerland. After doing a research fellowship at the AO Research Institute in Davos, Switzerland he started his orthopaedic training with Prof. Christian Gerber and later with Prof. Reinhold Ganz.

In addition he did a Fellowship in reconstructive surgery in Paris with Prof. A-C. Masquelet, a Fellowship in Trauma Surgery at the University Hospital Zurich with Prof. Trentz and a hip fellowship at the Department for Orthopaedics and Trauma at the Royal Adelaide Hospital in Adelaide, AUS with Prof. Donald W. Howie.

From 1997 to 2004 he was a staff surgeon at the Inselspital University Hospital Berne under Prof. Reinhold Ganz, specializing in joint preserving surgery oft he hip. Between 2004 and 2008 he was co-leader of the hip team at the Inselspital.

His current position is Head of the Clinic for Orthopaedic and Trauma surgery, Luzerner Kantonsspital, Luzern, Switzerland.

He is a hip specialist, covering the whole spectrum from joint preserving hip surgery to revision hip arthroplasty with a special interest in joint preserving treatment of early onset OA in the young adult including dysplasia and femoro-acetabular impingement.

Invited Speaker Biographies



Matthew Costa - Oxford University, UK

Matthew Costa PhD, FRCS (Tr&Orth) is a Professor of Orthopaedic Trauma Surgery at the University of Oxford and Honorary Consultant Trauma Surgeon at the John Radcliffe Hospital, Oxford.

Matt's research interest is in clinical and cost effectiveness of musculoskeletal trauma interventions. He is Chief Investigator for a series of randomised trials and associated studies supported by grants from the UK NIHR, EU, Musculoskeletal Charities and the Trauma Industry. His work has been cited widely, and informs many guidelines from the National Institute for Health and Care Excellence.

Matt is Chair of the NIHR Clinical Research Network Injuries and Emergencies Specialty Group and the NIHR Musculoskeletal Trauma Trials Network. He is also a member of the NIHR HTA Research Board. He Chairs the British Orthopaedic Association Research Committee and is the Specialty Lead in Orthopaedic Trauma for the Royal College of Surgeons of England. He is Associate Editor for Trauma and Research Methods at the Bone and Joint Journal. Matt is the President of the Orthopaedic Trauma Society and President of the Global Fragility Fracture Network.



Adam Kay - UK

Adam Kay is an award-winning comedian, TV writer, and Sunday Times best-selling author and columnist.

In between Tour dates and Book Festivals, Adam brings his experiences to life as a speaker, giving a humorous, inspiring, fascinating performance.

He is a consummate Corporate performer, having entertained at private events such as Prince Harry's 30th birthday at Buckingham Palace, for Deloitte, The British Medical Association, Soho House, and Imperial College, to name a few.

With sell-out UK and International tours, West End and Edinburgh Festival Fringe seasons, Adam's cutting-edge, dark humour has gained him a cult following throughout the UK.

Invited Speaker Biographies



Robert Crawford - Norwich, UK

Robert (Bob) Crawford is a consultant spine surgeon practicing in Norfolk & Norwich University Hospitals. He has been involved in the development of the British Spine Registry and continues to promote its use. Robert is a past president of the British Scoliosis Society and is an examiner for the Intercollegiate Specialty Board in Trauma and Orthopaedic Surgery. Robert continues to research and is currently working on projects that include; the outcome of surgery for degenerative spinal deformity in the elderly; methods of spinal fusion involving the use of spine synthetic devices versus patient's own bone.

Having trained and previously practised in general orthopaedic and trauma surgery, he now specialises solely in spinal surgery. This includes surgery for nerve root and spinal cord compression, age-related degenerative spinal conditions, the surgical management of spinal deformity, spinal trauma, tumours, and infection. He has published in the areas of spine deformity in children with neurological disorders and in adults, in spinal cord decompression and on spine fusion surgery.

Robert regularly presents local audit figures for spinal deformity surgery at the annual meeting of the British Scoliosis Society. He is involved in spine surgery education locally and nationally and has been a reviewer and guest editor for the European Spine Journal. Robert, is a member of the British Association of Spine Surgeons, The British Orthopaedic Association and is a Fellow of the Royal College of Surgeons, London.